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Pediatric Occupational and Speech Therapy

November 15, 2013

Dear Parents,

Well the holidays are here! Everyone has questions about what would make great Christmas/Hannakuh gifts this season. Well we are here to help! We have put together a list of suggested activities and where you can purchase them. Enjoy! (* **These are just a suggested list and we are encouraging you to feel free to look around for compatible items and prices. Please do not feel obligated to purchase from these particular sites.**)

The Barrett Staff

1. Chinaberry- www.Chinaberry.com

“Sno to Go”- it's a powder that expands from its original size. By adding water, it turns into fluffy substance resembling snow. Great tactile experience! (\$9.95 or 2 or more \$8.95)



“Wall Bugs”-They actually move! Great to build visual motor! (\$4.95 or 2 or more \$3.95)



“Thinking Putty”- Great stress reliever as well as hand strengthening and just plain fun! (\$11.95-\$14.95 any 2 or more take \$1.00 off each)



“Glow in the Dark Lab”- Kids love experimenting! Great for motor planning, fine motor! (\$24.99)



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2. **Bits and Pieces-** www.bitsandpieces.com

“Electrifying Plasma Ball”- Comes in two sizes to add to your child’s sensory space. (small \$24.99 or large \$34.99)



“Pin Art”- Kids find this toy relaxing and enjoy playing with it in therapy. (\$16.99)



“Relaxing Star Projector”- Another great addition to your sensory space but also provides nature sounds as well as light. (\$24.99)



“Wings of Light”- Fiber optic butterfly light that would make your sensory space enchanting! (\$39.99)



“Gemstone Teleidoscope Kaleidoscope”- Great not only for visual scanning and attention but also as a great tool for the sensory space! (\$14.99)



“Color changing LED Pillow”- A must for any sensory room. (\$24.99)





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3. Magic Cabin- www.magiccabin.com

“Knot Building Set”- This is great for motor planning! Have your child build his/her own sensory space! (\$99.00)



“Zipline Kit”-Comes in 2 sizes: 40’, 70’, and 90’ lengths with detachable seat. Great for vestibular movement. (\$79.98- \$169.00)



“AquaGlow Jellyfish Hideaway”- Great to use for small spaces for that sensory space(\$99.00)



“LED Purple Hideaway”- This is great as it also lights up giving a soft glow. (\$49.98)



“Round-and-Round Swing”- Great for vestibular movement! (\$99.00)





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"HugglePod Deluxe"- Great swing for tactile and calming! (\$129.00)



" Clear View GBOP"- Great for vestibular, proprioceptive play. (\$59.98) **Big Playball** (\$29.98 - \$49.97)



"Rope Ladder"- Great for core strengthening, motor planning, upper/lower extremity movements. (\$19.98)



"Pulley"- Great item to work on upper extremity strengthening, heavy work. (\$69.98)



"Crayon Rocks"- Small bits of crayon packed into a velvet bag. Great for fine motor! (\$8.98)



"Animal Stampers"- Stampers that have larger knobs to help build grasp. Set of 5 (\$24.98)





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“Fingermajigs Push Puppets”- These are great to work on fine motor strengthening, isolation of finger movements as well as great fidget tools! Set of 6 (\$15.98)



“Fishing Set”- Great for working on fine motor, bilateral skills, and visual motor skills. (\$29.98)



4. MindWare- www.mindware.com

“LED Rainbow Projector”- Great light for your sensory space! (\$29.95)



“Spyro Gyro Art Kit”- Great for imaginary, tactile, proprioceptive, and fine motor skills. (\$22.95)



“Plush Craft Pillow Kits”- Great to work on fine motor, proprioceptive, and motor planning! (\$16.95)



“Take A Part Airplane and Crane Truck”- Great for the builders to work on fine motor, motor planning! (\$29.95)





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"The Cat in the Hat I Can Do That!" Game- Great for gross motor, following directions, motor planning, cooperative play! (\$24.95)



"Rush Hour and Rush Hour Junior"- Game that helps work on motor planning and fine motor. (\$19.95)



"Premium Platform Swing"- Another great swing for vestibular! (\$99.95)



"Ezy Roller"- Cool riding bike to work on coordination of upper and lower body movements. (\$109.95)



"Spoooner Balance Boards"-Great to work on balance/ coordination, core and leg strength. (\$49.95-\$59.95)





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5. Brookstone- www.brookstone.com

“Sand by Brookstone”- This is like moonsand but better! Great for tactile and calming tool. (\$14.99 for the sand and the sandbox is \$19.99)



“Genuine FOM Fun Pillow”- These are smaller pillows that are soft and stretchable. Great for the sensory room! (\$19.99)



6. Fun and Function- www.funandfunction.com

“EZ Socks”- These are seamless socks that have loops to help little ones pull up! Great for the tactile sensitive child!! (\$9.99)



“Scooter boards”- Great for the vestibular, proprioceptive, upper extremity strength, CORE strength activities! Comes in 2 sizes (\$16.99-18.99)



“Air Lite Donut Sitter”- Great proprioceptive input that can be used to calm or organize when completing homework! (\$68.99)





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“Bubber Bucket”- Another alternative to theraputty. Its soft and moldable to help develop tactile sensitivities. (5 oz. \$12.99)



STOCKING STUFFERS: These are just a sampling of small items that would be great! Prices for the remainder of the lists are varied upon store so we did not list them.

- **Theraputty**- You can purchase this from Therapro, Amazon, or Ebay. Great not only for fine motor strengthening, but is also great for stress relief, fidget tool.
- **Crayola Model Magic, Playdoh, clay** - Also is great for fine motor manipulation and strength and as a fidget tool.
- **Poppers, tops, fidgets**- anything that challenges the fingers to build up strength and coordination.
- **Bubbles**- Great for oral motor, visual motor, and organizational tool.
- **Squiggly pen**-Not only will it provide vibration, tactile input when writing, but it also helps to organize and calm the body.
- **Scented Markers, Pip Squeak Markers**

COMMERCIAL GAMES: This is a suggested list of games in various stores (Walmart, Toys R Us, Target, Ocean State Job Lot, Big Lots, Amazon, Ebay) that will help build fine motor manipulation, motor planning, direction following, and attention. Remember try playing these games on the floor in high kneeling, prone (on stomach) and in cross-leg sitting.

- Bed Bugs
- Perfection
- Squiggly Worms
- Don't Break the Ice
- Don't Spill the Beans
- Connect Four
- Jacks
- Uno, Skip-O, and card games
- Operation
- Jenga or Stackable Uno



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- Building Sets
- Lite Brite
- Head Banz
- Bouncers (Check Christmas Tree Shops for this game or on Ebay)

OTHER ITEMS THAT WOULD BE GREAT:

- Weighted balls (Ocean State Job Lot, TJ Maxx, exercise department in commercial stores)
- Balance Disc
- Zoom Ball (ball on rope)
- Hula Hoops
- Homedics Portable Sound Machine- great sound machine that will help soothe/calm. You are able to use this anywhere you go. Has 3 timer settings as well as 6 different nature sounds.
- Hippity Hops